



Project Two Exploring Roles

This week's project will take one evening to complete, so choose your night and get ready for a great discussion! You will want to be somewhere fairly quiet so you can think and talk without interruption. Plan to spend 1 to 2 hours on this project.

You will be talking about how you can support each other in your God-given roles. The questions provided are designed to start your thinking and discussion, but you should go beyond the questions listed here. For clarity, the questions are grouped into male and female categories; however, they do parallel each other. You can complete one then the other, or bounce back and forth. Use whatever method works best for your working style. Keep in mind that you have equal importance, but different roles. Be honest, but gentle - your spouse is your teammate, not your enemy.

When you are finished, you should each have one action item to work on during the week. These will most likely be on-going items, for instance showing respect by not rolling your eyes when ideas are suggested or showing love by listening to the full opinion without interrupting. The idea is to start small with one thing to build success. Remember, this is a new skill and will take time to feel natural. Give each other grace when there are mistakes and keep on working at it. It will get easier and the rewards are well worth the effort.

Biblical Roles In Marriage

Husbands are to love and lead

Wives are to support and respect

Men - Explain the answers to these questions to your wives.

- How would you define respect? What does being respected feel like to you?
- What does it look like when you are being shown respect, particularly when there is a difference of opinion? What types of words or actions are happening?
- How does respect affect your ability to lead?
- What is one thing that makes leading easier? What is one thing that makes leading harder?
- What is one thing your wife could do to show you respect that would result in making your job of leadership easier? Do you see this as something that she can do this next week? What does she need from you in order to be successful in this?

Women - Explain the answers to these questions to your husbands.

- How would you define love? What does being loved feel like to you?
- What does it look like when you are being shown love during discussions? What types of words or actions are happening?
- How does feeling loved affect your ability to follow your husband's lead?
- What is one thing that makes following (submitting) easier for you? What is one thing that makes following (submitting) harder for you?
- What is one thing your husband could do to demonstrate his love for you that would result in making your job of supporting him easier? Do you see this as something he can do this next week? What does he need from you in order to be successful in this?

Husband's Action Step for this week _____

Wife's Action Step for this week _____